



2027 SA SENIOR NATIONAL AQUATIC CHAMPIONSHIPS



QUALIFYING STANDARDS

WOMEN		EVENTS	MEN	
SHORT COURSE QT	LONG COURSE QT		LONG COURSE QT	SHORT COURSE QT
26.52	27.32	50m Freestyle	24.20	23.40
58.24	59.84	100m Freestyle	53.70	52.10
2:06.69	2:09.89	200m Freestyle	1:58.05	1:54.85
4:27.49	4:33.89	400m Freestyle	4:17.26	4:10.86
9:13.43	9:26.23	800m Freestyle	8:48.80	8:36.00
17:32.59	17:56.59	1500m Freestyle	16:58.34	16:34.34
30.81	31.41	50m Backstroke	27.54	26.94
1:05.61	1:06.81	100m Backstroke	1:00.35	59.15
2:21.62	2:24.02	200m Backstroke	2:10.90	2:08.50
33.10	34.10	50m Breaststroke	30.35	29.35
1:13.00	1:15.00	100m Breaststroke	1:06.52	1:04.52
2:36.87	2:40.87	200m Breaststroke	2:26.76	2:22.76
27.87	28.57	50m Butterfly	26.04	25.34
1:02.46	1:03.86	100m Butterfly	57.83	56.43
2:19.66	2:22.46	200m Butterfly	2:09.05	2:06.25
2:23.81	2:27.01	200m IM	2:11.80	2:08.60
5:01.96	5:08.36	400m IM	4:43.62	4:37.22